

## Mid-Year Conference & Lobby Day

MARCH 4-5, 2024

CAPITOL PLAZA HOTEL  
JEFFERSON CITY, MO

Join us at the 2024 MHCA Mid-Year Conference & Lobby Day! The MHCA Staff and Education Committee have created a schedule of important and hot-topic education sessions to meet your needs in the current long-term care climate.

You don't want to miss this opportunity to receive valuable information to take back to your facility and staff!

### Monday, March 4

8:00 am—8:30 am Check-In

8:30 am—10:00 am Education Session — 1.5 Administrative CEUs

- **DHSS Update**—In this session for all facilities, Tracy Niekamp, Section Administrator for DHSS, will provide a regulatory update that will cover the following:
  - o CMS Regulatory Updates for Certified Facilities
  - o Emergency Preparedness for SNF/ALF/RCF
  - o ALF/RCF Regulatory Update o Individualized Support Plans/ Individualized Evacuation Plans in ALF

**Presenter: Tracy Niekamp, DHSS Section Administrator** - Tracy has a long history within the Section, starting as a surveyor in 2001 and serving as the Licensure and Certification Unit Manager from 2006- 2015 and as the Assistant Section Administrator since 2017.

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10:15 am—11:45 Education Session—1.5 Patient Care CEUs

- **“Respiratory Illness: The Next Chapter”** – Infectious respiratory illnesses continue to be present in both communities and facilities, even after the pandemic has ended. Current recommendations should be applied and evaluated to benefit residents/families, staff, and facility leadership. This session will discuss current guidelines and practical applications for managing common respiratory illnesses (influenza, RSV, and COVID). A general discussion of successful strategies will be included.

**Presenters: Carolyn Gasser, RN, BSN, MPH CIC** – Carolyn is new to the ICAR team, covering part of region 1 in southwest MO and regions 3 and 4 in the northeast part of the state. She has over 30 years experience in infection prevention in acute care facilities and is certified in her field.

**Shari Kist, PhD, RN** – Shari has been and ICAR Clinical Advisor since January 2021. Prior to joining the ICAR team she was involved with the CMS-funded Missouri Quality Initiative (MOQI) project focusing on reducing avoidable hospitalizations in LTC residents.

12:00 pm—2:00 pm Business Meeting Luncheon — 2.0 Admin CEUs

- **“MHCA General Business Meeting”** - Join us as your MHCA Executive Director and Board of Directors discuss current happenings in the Long-Term Care Industry; both on the State and Federal Level. We are happy to announce Missouri Lieutenant Governor, Mike Kehoe, “the official state advocate for the elderly and veterans” will also be our special guest at this event.

**Presenters:** Mike Kehoe, Missouri Lieutenant Governor, **Nikki Strong**, MHCA Executive Director and **Eric Doerhoff**, MHCA Board President & Vice President of Operations for StoneBridge Senior Living

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2:15 pm—3:45 pm Education Session — 1.5 Patient Care CEUs

- **“Update on Involuntary Discharges – Rules, Regulations, and Strategy”** - Under federal and state law, facilities may only discharge residents involuntarily under certain circumstances (*e.g.*, due to an unsafe environment or an inability to meet their needs). There are notice requirements and resident right obligations that a facility must follow when effectuating the discharge, including the resident’s right to appeal the discharge. Most of these requirements come from state law and apply to both skilled nursing facilities and assisted living facilities. This presentation will cover the applicable laws pertaining to involuntary discharges, discuss the gray areas in those rules, and offer advice for best practices both when admitting and discharging residents. We will discuss how involuntary discharges from assisted living facilities may differ from skilled nursing facility discharges. We will also discuss a facility’s options when a resident is appealing the involuntary discharge and the appeal process.

We will conclude with a discussion of several realistic scenarios when an involuntary discharge may or may not be appropriate and strategize on how facilities considering an involuntary discharge can achieve the best possible outcome in difficult resident situations.

**Presenter: Liz LaFoe Frederick, Partner, Husch Blackwell**— Liz has more than 10 years of clinical experience in the healthcare field. Her healthcare experience includes working as a registered nurse in emergency medicine, intensive care, trauma, and forensics. Her legal training and clinical background give her a unique advantage in advocating for healthcare providers facing a variety of legal challenges.

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4:00 pm—5:30 pm Concurrent Education Sessions — 1.5 CEUs

- **Navigating Comprehensive Care Planning** – (1.5 Patient Care Hours) - Developing a comprehensive care plan on a resident can be challenging. This course will help navigate care plan timing and developing the person-centered comprehensive care plan. We will journey through critical thinking through the RAI process with care plan examples. We will review comprehensive care plan related survey citations.

**Presenter: Crystal Plank, QIPMO**—Crystal has worked in LTC for the past 21 years and is currently providing quality improvement consultation assistance to Skilled Nursing Facilities in the Central and Northeast regions in MO (QIPMO). Her vast experience includes being a Medicare Specialist, Denial Management Coordinator, MDS Coordinator, ADON, DON, and CPR instructor. Her in-depth knowledge is concentrated in state and federal regulations, LTC infection control practices, and all aspects of the RAI process.

- **“Professional Liability: What is causing the premiums to increase in Assisted Living Facilities and what can I do to control the costs?”** (1.5 Administrative CEU) - The insurance market is still hard and ALF facilities are seeing annual increases in the double digits. Carriers are looking more closely at each account and are requesting a lot more information. Whatever the public can find on the internet, the underwriter is seeing it too. It is important to have the proper risk mitigation strategies and commitment to resident and employee safety. We will review what carriers are focused on during the underwriting process, top recommendations to protect yourself from claims, review national claims data and give overall guidance on best practices.

**Presenter: Tiffany Maggard, Heffernan Insurance** – Tiffany joined Heffernan Insurance Brokers as Assistant Vice President in 2008. She makes it a priority to understand the operations of her clients and prospects to provide strategic solutions to protect their assets and organization without sacrificing service or integrity. Maggard has access to and is actively involved in several niche practices that include caregivers, non-profits, and cannabis. Additionally, she works with strategic partners and Heffernan team members to bring expertise and solutions to other industry groups.

5:30 pm—7:00 pm Reception @ Courtyard by Marriott

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## **Tuesday, March 5**

7:45 am—8:15 am Check-In

8:15 am—9:15 am Education Session — 1.0 Administrative CEUs

- **“MHCA Legislative Update”** – This session will include tips on the best way to talk with your local legislators (at the Capitol or in your facility) as well as give insight on the political environment and legislative process.

**Presenters: Nikki Strong and Sarah Schlemeier Henke**

9:15 am—12:15 pm Capitol Visits — 1.0 Administrative CEUs

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12:30 pm—2:30 pm Education Session — 2.0 Patient Care CEUs

- **“Missouri Medicaid, Where We Are Now”** - As Missouri Medicaid transitions to some form of the Patient Driven Payment Model (PDPM) to calculate the case mix index, it is critical for SNF providers to understand how MDS accuracy impacts their Medicaid payments moving forward. Join us as we look at how the Medicaid payment model has continued to evolve for Missouri providers. We will also provide information on how other states across the nation are transitioning to PDPM along with providing clinical recommendations and best practices for success.

**Presenters: Sherri Robbins** - Sherri is a member of FORVIS and has more than 20 years of experience and focuses on long-term care. She provides clinical consulting for health care providers and educates providers about Medicare reimbursement strategies. She has trained numerous skilled nursing facilities as well as swing bed and skilled nursing units about proper minimum data set completion to manage the Medicare program. She is also a Certified Legal Nurse Consultant (CLNC®), licensed nursing home administrator and Resident Assessment Coordinator - Certified (RAC-CT®). As a CLNC®, she assists attorneys representing health care providers.

**Camille Lockhart** - As a member of FORVIS Healthcare Team, Camille has more than 25 years of experience working with long-term care facilities, continuing care retirement centers and home health and hospice agencies providing audit and consulting services. Her experience includes Medicare and Medicaid reimbursement consulting, which entails analysis and planning of strategies to enhance reimbursement and improve operating efficiencies and profitability.

**Juli Pascoe, CPA** - Juli has more than 20 years of experience providing an array of audit and consulting services to senior living providers, CCRCs and home health and hospice agencies. She also serves on the executive committee of the practice’s senior living industry team.

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*Total of 12 CEU hours*

\*please note this is a proposed schedule and subject to change